

Hello/ Hola/ Olà and welcome to The MUINPE WORKSHOP

It's great to have you here!! :)



First up an introduction!!

We'll go round and give our name, pronouns, where we are from in Latin America and a song that really makes us get up and dance! (I'll be making a playlist)

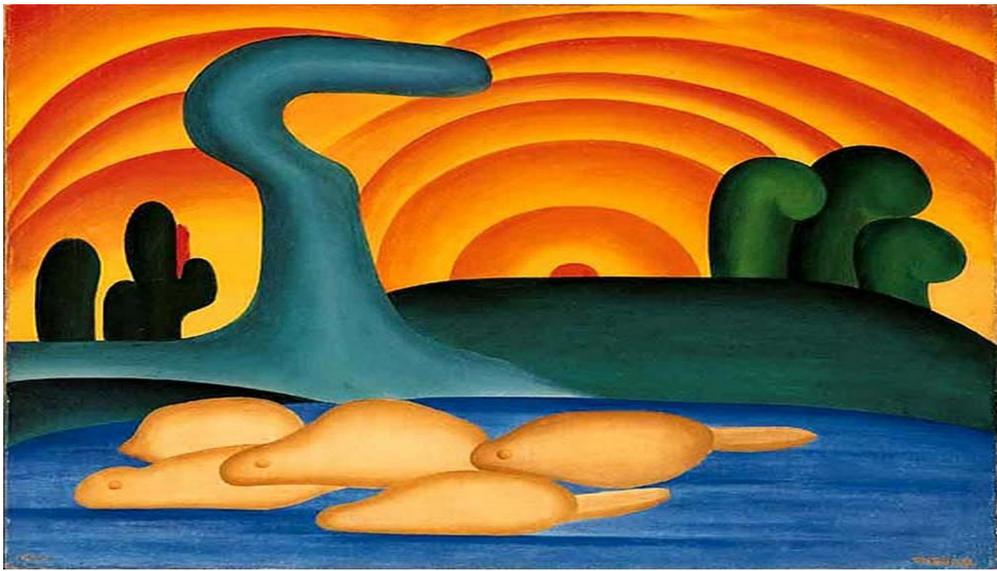


Activity número uno!

A writing task!!



Look at the paintings on the next slide and write down what you see, what thoughts and feelings come to mind!



You now have 10 minutes to write something out of all the words, thoughts and feelings you got out of the pictures and song!



This could be a poem/ a short piece of writing whatever you like!

You can write in English, Spanish, Portuguese or a mix! Whatever you are feeling!



Activity numero 2!

On the next series of slides there are going to be some questions. We are going to have discussions around them and answer them!

What makes you feel seen/heard?

Vulnerability

Have a box to tick

People getting together to make change

Sense of community

Seeing people that look like you on tv/in the theatre

Honesty - people operating from a place of realness and honesty

Wearing exactly what you want to wear, not caring what people think

Eye contact , someone sees you, paying attention, their focus on you

Valuing you

When people listen to you

When are times you haven't felt seen or heard?

When organisations don't represent you on forms, don't even have other to tick

When Assumptions are made about a dance, cultural appropriation

Making a joke out of latin american culture onstage/ in performances make a joke for their own benefit

Not including people of a latin american background

Misunderstanding latin american culture - causes hurt/upset because people are not informed about it

Having to repeat something, the point isn't coming across

No change

Feel like you are talking to a wall

Feeling of invisibility, not included in diversity conversations

We are here!

What does being Latinx mean to you?

Proud

Difficult to describe

Dance, movement - important aspect of my identity/heritage

Express yourself through movement - free yourself -

Expression - gestures

How I identify myself, related to my past and present, in my future part of a diaspora - quite layered

Parts of the culture I question

What you choose to carry from your heritage

Very theatrical - being latin american is being a performer

My heritage is mixed - a diverse background - embodying that mix of heritage

Not being the best dancer - feel out of place, expectation to be a good dancer

Singing, tequila

This is a reflection of the complexity of identity

Where would you like to see yourself represented?

Can you think of a time you were represented? How did that make you feel?

Where do you feel at home?

By the sea

Anywhere with nature, plants, trees, house plants - being brought up around nature - experience of Brazil - love being by the river

Never really felt at home until I moved to London, particularly West London, makes me beam, love for London - alive, city embracing me

London I can claim - so diverse and multicultural, embraces so many different cultures

Do what you want, freedom, discover who you want to be , accepting of anyone

Safe place

Feeling that you are from a place when you feel like you are from another

Identity crisis

In my body

Rio- felt like home eventhough its not home anymore, everytime I go there I go back to myself

London - too commercial for me

Ok so we are going to have 20 - 30mins to write a poem, monologue, a story or even a song using our answers and anything else you want to write about!

It doesn't need to be finished whatever you feel you want to write!

You have free range over what language you write in!
You can even make your writing bilingual whatever you like!

Anyone want to share?



And back to activity number one! A collective poem!

We are going to take what we have written earlier and put it together to make a poem/
maybe a few because there is quite a few of us!

It can act as a nice thing to take away from this workshop!